



Birkdale Triathlon 2010

(18 & up)

Swim 250 yards

Bike 6.5 miles

Run 2 miles

Saturday, September 11
7am

Birkdale Aquathlon 2010

(17 & under)

Swim 150 yards

Run 1 mile

Saturday, September 11
8:30am

Triathlon Event Information

Cost

\$20 Individual

\$45 Mixed Relay

Entry Fees Include

T-shirt, Goodie Bag with discounts to local establishments,
Post Race Refreshments & Food

Awards

Top Finishers in Individual Age Groups & Relay Teams

Race Packet Pickup

Friday, September 10th at the Resident's Club

Photo ID required at race packet pick up

10am-6pm or Race Morning by 6:15am

Requirements

Must be 18 years of age to participate

Registration Options – REGISTRATION DEADLINE August 31

1. Online at www.sportoften.com

2. Print form www.upgradelifestyleinc.com and mail in or deliver in person to Birkdale Resident's Club – 8915 Devonshire Drive, Huntersville, NC 28078 (checks made payable to Birkdale HOA)

Aquathlon Event Information

Cost

\$10 Individual

Entry Fees Include

T-shirt, Goodie Bag with discounts to local establishments,
Post Race Refreshments & Food

Awards

Top 3 Finishers – Male & Female

Race Packet Pickup

Friday, September 10th at the Resident's Club

10am-6pm or Race Morning by 8am

Requirements

Must 17 or under to participate

Registration Options – RACE DAY REGISTRATION is allowed

1. Online at www.sportoften.com

2. Print form www.upgradelifestyleinc.com and mail in or deliver in person to Birkdale Resident's Club – 8915 Devonshire Drive, Huntersville, NC 28078 (checks made payable to Birkdale HOA)