



2010 Birkdale Triathlon Entry Form

Triathlon: Ages 18 & up
Swim 250 yards
Bike 6.5 miles
Run 2 miles

Saturday, September 11, 2010
7am

Name: _____
Relay Name (if applicable): _____
Address: _____
Email: _____
Phone: _____

T-Shirt: __ S __ M __ L __ XL
Individual __ Relay __

(If Relay, complete 3 Entry Forms and designate Relay Name at Top of Form)

BEST 100 yd Swim Time _____
Age at Race _____
Date of Birth _____

\$20 individual/\$45 Relay Entry Fee \$ _____
Make Checks Payable to: **Birkdale HOA**

Participants must sign waiver and release form at packet pick up in order to participate in event.

2010 Birkdale Kids Aquathlon Entry Form

Ages 6-17
Swim 150 yards
Run 1 mile

Saturday, September 11, 2010
8:30am

Name: _____
Guardian Name: _____
Address: _____
Email: _____
Phone: _____

T-Shirt: __ S __ M __ L

BEST 50 yd Swim Time _____
Age at Race _____
Date of Birth _____

\$10 Entry Fee \$ _____
Make Checks Payable to: **Birkdale HOA**

Participants must sign waiver and release form at packet pick up in order to participate in event.